

WARRAGUL COMMUNITY HOUSE TERM 1 COURSE GUIDE 2025

Ask us about our FREE programs: laptops for loan, assistance with technology, bathroom and laundry facilities available for use.

LIFESTYLE COURSES

Ballroom Dance (Basic)

Date/Time Date and day – (TBA)
60 min lesson x 7 weeks
Time: During school hours
(any time between 9.30am and 2pm)

Cost \$160 full/ \$140 conc

Description Carmel from Baw Baw Ballroom Basics is returning to offer an "all styles" class for our community - there will be a mix of Latin American, modern ballroom, new vogue and rock n roll dancing taught across the 7 weeks.

The class is suited to beginner or social dancers, solo or partnered, lead or follow.

Carmel aims to provide inclusive and accessible lessons, catering for different learning styles and levels of fitness, with a focus on reclaiming joy and community connection through dance.

Chair Yoga

Date/Time Mondays 10th February
3:00 pm to 4:00 pm x 7 weeks

Cost \$100 full / \$90 conc

Description Chair yoga is an accessible form of yoga suited to all levels of fitness. The classes focus on balance, hip and shoulder flexibility and overall well being. There is no floor work, but there is the opportunity to participate in yoga routines, using the chair as a prop. The tutor is particularly interested in working with people to prevent falls. Breath work is a major component to fostering the mindfulness/meditative side of yoga, as well as ensuring good lung expansion particularly for those that lead a more sedentary lifestyle.

French Beginners

Date/Time TBA

Cost \$100 full / \$90 conc

Description Have you been trying to learn French but with little success? Lets learn basic French together. Call us @ 5623 6032 to register expression of interest.

Gentle Yoga and Meditation

Date/Time Fridays 7th February
2:00 pm - 3:30 pm x 7 weeks

Cost \$150 full / \$140 conc

Description Improve your movement and reduce your stress! Classes run by a highly qualified, experienced and supportive teacher: Mats and blankets supplied.

Kitchen Garden Course

Date/Time Thursdays 27th February
10:00 am - 12:00 pm x 5 weeks

Cost \$100 full / \$90 conc

Description This course caters to all gardening skill levels and abilities, covering planting, soil preparation, pest control, and harvesting. Join us for fun, hands-on sessions with fellow enthusiasts, and share gardening stories and tips. Let's grow together and nurture a passion for homegrown produce. Experience how nature can nurture you as you cultivate the garden.

Tai Chi Qigong for Health and Wellbeing

Date/Time Mondays 10th February
1:00 pm to 2:00 pm x 7 weeks

Cost \$100 full / \$90 conc

Description Tai Chi Qigong is a low impact exercise class designed to develop muscle strength, flexibility, balance and prevents risks of falls.

Upcoming Music Course

Date/Time Taking expressions of interest

PATHWAYS

CAFÉ 138 - Hospitality Training!

Date/Time Tuesdays 4th February
9:30 am to 3:00 pm x 10 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description Gain hospitality industry skills: food handling, practical training, venue visits, guest speakers, and customer service.




Canva Essentials - Design like a pro

Date/Time Mondays 10th February
4.30pm - 6.30pm x 5 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description Learn the essentials of Canva to create stunning designs with ease, from basic tools to advanced techniques




Citizenship Course

Date/Time Inviting expressions of interest.
Date and Time : TBA

Cost \$60 (\$50 + Admin fee \$10)

Description Supports those who are looking to prepare for their citizenship test including application process interview support, document uploads and practice tests.




Digital Essentials Level 1

Date/Time Tuesdays 9:00 am - 12:00 pm x 10 weeks
Date and Time : TBA

Cost \$60 (\$50 + Admin fee \$10)

Description Introduces learners to basic technology, covering digital devices, their functions, and ways to connect and access services online.



Easy Steps to Computers for Beginners

Date/Time Wednesdays 12th February
9:30 am - 12:30 pm x 7 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description This introductory computer course covers Microsoft Word, Excel, and Office basics for building confidence.




Increase productivity with ChatGPT

Date/Time Fridays 7th February
4.30pm - 6.30pm x 5 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description This class is for anyone with basic to intermediate understanding of computers and who wants to use Chat GPT at work, with ease. Come and learn in a friendly atmosphere and gain the skills to thrive at work effortlessly.





Visit: Warragul Community House, 138 Normanby Street, Warragul.
Book online: Find the course and book at

www.warragulcommunityhouse.org.au



Ph: 56 236 032 ENROL NOW

Intermediate Computers for Work & Home

Date/Time Tuesdays 11th February
1:15 pm - 4:15 pm x 7 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description This intermediate course delves deeper into Microsoft Office tools and introduces Cloud Computing.



Job Club: Practical assistance to search and apply for jobs

Date/Time Mondays and Thursdays
24th February onwards
9:30 am - 3:30 pm x 5 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description These sessions focus on employment readiness: crafting resumes, tailoring cover letters, and confidence-building for job interviews.



Microsoft Excel for Work

Date/Time Wednesdays 5th February
1:15 pm to 4:15pm x 7 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description This class is for anyone with foundational understanding of computers and who wants to use Microsoft Excel at work, with ease. Come and learn in a friendly atmosphere and gain the skills to thrive at work confidently.



Multicultural Friendship Group (Language for Life)

Date/Time Wednesdays 5th February
10:30 am - 12:30 pm x 8 weeks

Cost FREE

Description Join our Multicultural Learning Group! A great group to make friends, find information to help you learn about Australian culture and practice your English. All welcome!



Project-Based Learning (PBL)

Date/Time Fridays 7th February
10.00pm - 1.00pm x 10 weeks

Cost \$60 (\$50 + Admin fee \$10)

Description A participant-centered approach that encourages exploration of a central question through teamwork and independent research. Participants take the lead in shaping their learning journey, with the teacher providing guidance and support as a facilitator. This method allows learners to align their studies with their interests while developing both academic and employability skills at a pace that suits them. If you identify as neurodivergent, this course has been thoughtfully designed to meet your unique needs and learning preferences.



SOCIAL GROUPS

Basic Computer Walk-in Sessions

Date/Time Thursdays 9:15 am - 10:15 am

Cost Free

Description This course is to gain confidence for those new to computers.

Book Club

Date/Time 2nd Thursday of each month
11:00 am - 1:00 pm

Cost Monthly \$3 per person, per session
or \$30 for the whole year

Bridge Club

Date/Time Wednesdays 1:00 pm - 4:00 pm

Cost Weekly \$3 per person, per session
or \$84 for the whole year

Creative Writing Workshop

Date/Time Fridays 10:00 am - 12:00 pm

Cost Weekly \$3 per person, per session
or \$84 for the whole year

Golden Girls Women Over 50 Social Group

Date/Time Warragul: Wednesdays
10:30 am - 12:00 pm
Drouin: Tuesdays
10:00 am - 11:30 am
Trafalgar: Tuesdays
10:30 am to 12:00pm

Cost Weekly \$3 per person, per session
or \$84 for the whole year

Description Come and join this lively group who meet at local cafes.

Grief Support Group

Date/Time Every 4th Wednesday of each month
7:30 pm - 9:30 pm

Cost Free

Description Gain support from others who have lost a child.

Knitting, Crochet and Craft

Date/Time Mondays 10:00 am - 12:00 pm

Cost Weekly \$3 per person, per session
or \$84 for the whole year

Narcotics Anonymous Support Group

Date/Time Thursdays 7:30 pm - 9:00 pm

Cost By donation

Description Narcotics Anonymous meetings are a gathering of people who are overcoming addiction. They meet regularly for the purpose of recovery from the disease of addiction. Bookings through Narcotics Anonymous : 1300 652 820

Stroke Support Group

Date/Time Every 1st & 3rd Tuesday of each month 1:00 pm - 3:00 pm

Cost Fortnightly \$3 per person, per session
or \$50 for the whole year

Substance Abuse Support Group (ACSO)

Date/Time Every 2nd and 4th Tuesday of the month 5:30 pm - 7:30 pm

Cost Free

Description For family members and significant others dealing with a loved one's substance abuse.

Tai Chi for Practitioners

Date/Time The group meets at 10.00 am OFF SITE at Civic Park in Terms 1 and 4, at 9.30 am at WCH in Terms 2 and 3.

Cost Weekly \$3 per person, per session
or \$50 for the whole year

FREE SERVICES

Financial Counselling

Date/Time By appointment (Thursdays)

Cost Free

Skills and Jobs Centre Appointments with Andrea

Date/Time By appointment every third Monday of the month

Cost Free

Technology Help

Date/Time By appointment

Cost Free



Learn Local courses prepare learners for work or further education. Eligibility requirements apply.



SCAN HERE FOR MORE INFORMATION